

MUMS  
FOR  
LUNGS

CLEAN AIR | HEALTHY KIDS

3.1 MILLION CHILDREN ACROSS ENGLAND  
GO TO SCHOOLS IN AREAS EXCEEDING  
WORLD HEALTH ORGANISATION  
AIR POLLUTION LIMITS

# ARE YOU WORRIED ABOUT THE AIR YOUR CHILD BREATHES?

THERE IS MOUNTING  
EVIDENCE OF  
ASSOCIATIONS  
BETWEEN AIR  
POLLUTION AND LUNG  
AND HEART DISEASE,  
ASTHMA AND STUNTED  
LUNG GROWTH  
IN CHILDREN

CHILDREN ARE  
MORE AFFECTED  
BY AIR POLLUTION  
THAN ADULTS, AS  
THEY BREATHE FASTER  
AND DEEPER AND  
ARE CLOSER TO CAR  
EXHAUSTS



## IS THERE ANYTHING YOU CAN DO TO MAKE IT BETTER?

## YES - ASK FOR A SCHOOL STREET!

“

Our School Street has changed the whole experience of taking my children to and from school. From grim, polluted, motor traffic hell to fun, safe, quiet walk or cycle in clean air.

ANNA, PARENT

”

# WHY YOU NEED A SCHOOL STREET



## 47%

### OF PRIMARY SCHOOL CHILDREN ARE DRIVEN TO SCHOOL IN ENGLAND

IN LONDON, 25% OF MORNING RUSH HOUR TRAFFIC IS PARENTS DOING THE SCHOOL RUN

A School Street restricts motor vehicle access outside a school at drop-off and pickup time.



Fewer cars by the school gate reduces the pollution our children breathe there. Walking, cycling or scooting to school has health benefits for children and parents.



A School Street raises awareness of how pollution is affecting our children and encourages people to see how much safer and more enjoyable life can be if we don't drive.



Travelling actively to school improves learning outcomes and concentration.



Reducing car journeys not only lessens nitrogen dioxide and particulate matter, it also reduces carbon dioxide emissions, which are contributing to the climate crisis.

## 3 THINGS TO GET YOU STARTED

**1** Find other like-minded parents who are concerned about the air quality around the school, and create a working group. Talk to your PTA.

**2** Contact us for help, support and resources. Our email address is [hello@mumsforlungs.org](mailto:hello@mumsforlungs.org)

**3** Speak to your Headteacher and Governors about your concerns and ask them to contact the council to request a School Street.

## THERE HAS NEVER BEEN A BETTER TIME TO ASK FOR A SCHOOL STREET! COUNCILS ARE ROLLING OUT SCHEMES ACROSS THE UK

Find out more information on our website  
[WWW.MUMSFORLUNGS.ORG](http://WWW.MUMSFORLUNGS.ORG)



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